

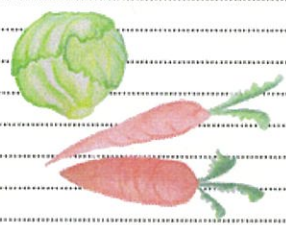
# MinnaMunchies Summer Menu Term 1 2018

## \*SANDWICHES/WRAPPS/BREAD ROLLS\*

\*wholemeal & multigrain breads available

\*buttered unless advised otherwise

Vegemite.....	\$2.50
Vegemite & cheese.....	\$2.70
Cheese (low fat).....	\$3.00
Ham.....	\$3.50
Ham & cheese.....	\$4.00
Ham & salad.....	\$4.50
Ham, cheese & tomato.....	\$4.50
Tuna mayo.....	\$4.00
Egg mayo (free range).....	\$3.50
Curried egg (free range).....	\$3.50
Salad sandwich.....	\$4.00
Roast chicken (free range).....	\$3.50
Chicken salad (free range).....	\$4.50
Homemade lentil patty & salad.....	\$4.50
<b>Homemade Pita bread pizza</b>	
Ham, cheese & pineapple.....	\$4.50
Ham & cheese.....	\$4.50
Garlic.....	\$4.00
Cheese.....	\$4.00



EXTRA 30c EACH: tomato, cucumber, lettuce, carrot, beetroot, pineapple  
 EXTRA \$1.00 for gluten free bread  
 EXTRA \$1.00 for Turkish bread

### \*\*\*ALL TOASTIES plus 20c\*\*\*

### \*SALAD BOX\*

Lettuce, tomato, cucumber, carrot, beetroot.....	\$5.00
Choice of chicken, ham, tuna or egg.....	\$1.00

### \*DRINKS\*

Nudie juice (orange & tropical).....	\$2.20
Bottled water.....	\$1.50
Moove milk (strawberry & chocolate).....	\$2.00
Plain milk (1 cup).....	\$1.00
Apple juice.....	\$2.00
Orange juice.....	\$2.00
Soy milk (1 cup).....	\$2.00
Juice bomb (raspberry & blackcurrent).....	\$2.00
Chill Coconut water (pineapple).....	\$2.00
UP&GO (banana, strawberry, choc ice & vanilla).....	\$2.00



### \*HOT DRINKS\*

Milo.....	\$1.00
Coffee (for the teachers).....	\$3.50
Latte/cappuccino.....	\$3.50
Long black.....	\$3.00
Tea (herbal/fruit).....	\$2.00
*** MPS KeepCup ***	\$10.00

### \*FROZEN TREATS\*

Juicies tubes (lemonade, orange, tropical, wildberry).....	\$1.00
Twisted frozen yoghurt.....	\$2.50
Berri Quelch fruit sticks.....	\$0.80
Frozen fruit puree.....	\$1.00
Frozen fruit juice box.....	\$2.00
Frozen orange quarters.....	\$0.20
Frozen watermelon slice.....	\$0.40



\*\*\*FlexiSchools is the preferred ordering option\*\*\*

## \*SNACKS\*

Energy amazeball.....	\$1.50
Homemade muffin.....	\$1.50
Homemade banana bread.....	\$1.50
Trim's deli yoghurt cup.....	\$2.00
Seasonal fruit.....	\$0.80
Fruit cup.....	\$1.50
Fruit & yoghurt cup.....	\$2.50
Koala pop corn (salted, BBQ, chicken).....	\$1.50
Corn thins/Rice cake (plain, butter or vegemite).....	\$0.20
Vege chips (honey soy, Italian, salt & vinegar).....	\$1.50
Corn cob.....	\$1.00
Pretzels.....	\$1.00
Red Rock Deli chips (sea salt, honey soy).....	\$1.50
Apple slinky.....	\$0.80



## \*BREKKY SPECIAL\*

Homemade pikelet/waffle/pancake.....	\$0.70
Smoothie of the day.....	\$2.50
Toast with butter/vegemite/marmalade.....	\$1.50
wholemeal/raisin/multigrain	
Weetbix Bites Wild Berry & milk.....	\$2.50



## \*RECESS SPECIAL\*

Assortment of available snacks & frozen treats	
Pizza scrolls (4).....	\$1.50
Vegemite scrolls (4).....	\$1.50
Smoothie of the day.....	\$2.50

## \*DAILY SPECIALS\*

### MONDAY

RICE PAPER ROLLS (chicken or vegetarian).....	\$2.70	each
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### TUESDAY

	SMALL	LARGE
<b>New!</b> PAD THAI (chicken or vegetarian).....	\$5.00	\$7.00

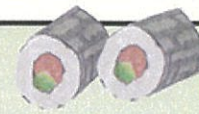
### WEDNESDAY

	SMALL (4)	LARGE (6)
DUMPLINGS (chicken, pork, vegetarian).....	\$7.50	\$10.00



### THURSDAY

<b>SUSHI</b>		
(tuna & cucumber, chicken Teryiaki, chicken Teryiaki & avocado, vegetarian)	\$3.50	each



### FRIDAY

	SMALL	LARGE
<b>New!</b> SPAGHETTI BOLOGNESE.....	\$5.00	\$7.00

## \*EXTRAS\*

Paper bag.....	\$0.30
Soy sauce.....	\$0.20
Tomato sauce.....	\$0.20
BBQ sauce.....	\$0.20
Sweet & sour sauce.....	\$0.40
Sweet Thai chilli sauce.....	\$0.40

